

Date of visit: April 25<sup>th</sup> , 2023

Full name: M.G

Address: unknown

Date of Birth: 03/10/1976

Location: NYC Health + Hospitals/Metropolitan, general surgical clinic (outpatient)

Source of information: Self

Reliability: Reliable

Source of Referral: Self

Mode of Transport: Car

**S:**

HPI: M.G is a 47-year-old female with no significant PMHx presents in the clinic with symptomatic cholelithiasis. She is complaining of intermittent heartburn and epigastric pain radiating to her mid-back for the past 3 months, not aggravated by anything specific. She says the pain has somewhat improved since her diet modifications, including avoiding fatty foods and decreasing food intake due to the feeling of fullness quickly. Her initial visit to the clinic was on 3/21/2023 for evaluation of gallstones after presenting in the ED on 01/14/23 when her symptoms first began. She was instructed to take Famotidine by the ED, but discontinued it after 1 month due to no symptom relief. She was scheduled by our clinic for a RUQ ultrasound on 4/21/23 and instructed to follow up today. Ultrasound results confirmed sludge and Cholelithiasis in the gallbladder, with no distention or pericholecystic fluid. Denies pain after eating, nausea, vomiting, constipation, diarrhea, fever, or chills. Reports mild constipation (controlled on Miralax)

PMHx: none

PMSx: bilateral excision pterygium, hysteroscopy removal impacted foreign body (2021), colonoscopy (2022)

- Findings were unknown for Colonoscopy performed out of hospital with a gastroenterologist in 2022. Patient was instructed to repeat in 3 years.

Medications: none

Allergies: none

SHx: non-smoker, no alcohol, no recreational drug use

**ROS:**

denies fever, chills, nausea, vomiting, diarrhea, shortness of breath, or urinary urgency or frequency.

Reports mild constipation

**O:**

Vitals: T: 98.2°F (36.8° C) oral | P: 62 BPM, regular | RR: 18 breaths/min, unlabored | BP: 115/65 mm Hg | SpO2: 100% room air | Wt: 145 lb (65.8 kg) | BMI: 24.13 kg/m<sup>2</sup>

General: Alert, awake, and oriented x 3. In no acute distress. Appears her stated age.

HENT: Normocephalic and atraumatic, external ear of left and right normal, nose normal, no congestion or rhinorrhea. PERRLA and extraocular movements intact.

CV: RRR. S1 and S2 normal. No murmurs, S3, S4, splitting of heart sounds or friction rubs.  
Pulmonology: Pulmonary effort is normal at room air, no accessory muscle use. Chest expansion is symmetrical. No wheezing, rhonchi, rales, or dullness.  
Abdomen: **epigastric tenderness, soft, nondistended. Negative Murphy's sign.**  
Musculoskeletal: **tenderness to palpation right mid-back**  
Extremities: moves all 4 extremities spontaneously. Warm to touch, pink, with no edema.  
Muscular strength intact.

Imaging:

Right Upper Quadrant Sonogram on 4/21/2023:

**IMPRESSION:**

Findings suggest **sludge and cholelithiasis in gallbladder**. Gallbladder is not distended and there is no pericholecystic fluid. Sonographic Murphy sign is reportedly negative.

History: 47-year-old female referred to evaluate for cholelithiasis.

Comparison: Point of care right upper quadrant ultrasound from 01/15/2023.

**Findings:**

Visualized portions of IVC and abdominal aorta are unremarkable.

The gallbladder is remarkable for shadowing gallstones, largest measures at least 2.5 cm. Suspect sludge in the gallbladder. Common duct is not dilated and measure 3mm.

Visualized portion of pancreases are grossly unremarkable.

Visualized right kidney appears unremarkable. NO right sided hydronephrosis. Right kidney measures 9.3 cm in length.

**A:**

M.G is a 47-year-old female with no significant PMHx presenting with symptomatic cholelithiasis. Findings on the ultrasound confirmed Cholelithiasis in the gallbladder without signs of cholecystitis..

**P:**

- Risk, benefits, and alternatives discussed for Laparoscopic Cholecystectomy. Patient verbalized understanding and scheduled appointment on 5/15/2023. Consent signed. Patient to be NPO the night before surgery.
- Lab work for CBC, CMP, and EKG ordered for pre-op